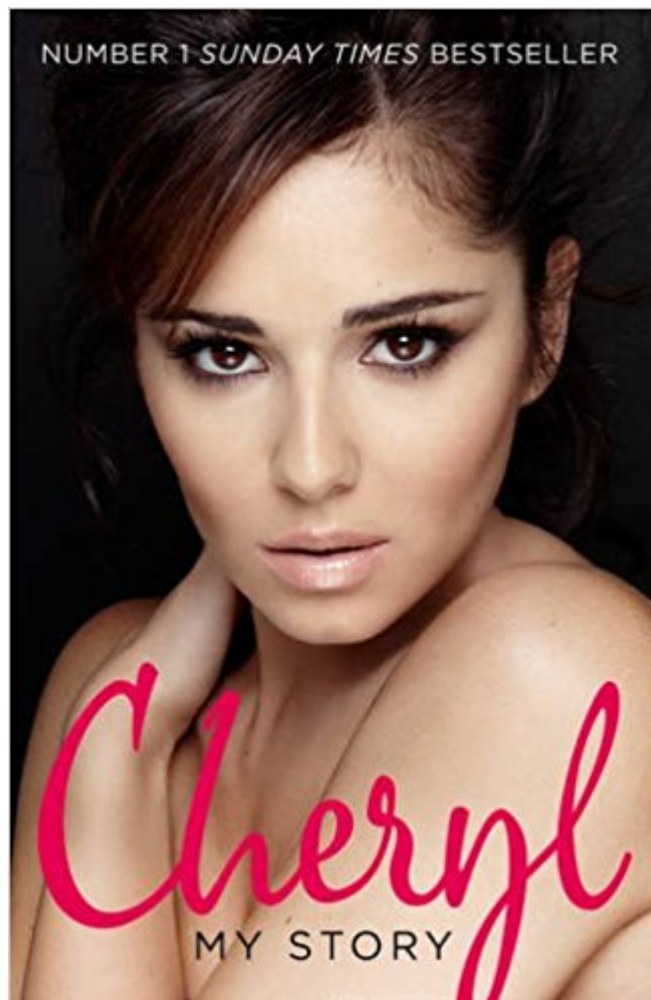


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# Cheryl: My Story



## Synopsis

Number One Sunday Times Best Seller. For the first time Cheryl tells her full story, her way.

Revealing the truth behind the headlines, this is the only official autobiography, giving the fans the true story they've been waiting for. Includes exclusive, personal photos.

## Book Information

Paperback: 320 pages

Publisher: HarperCollins Publishers; UK ed. edition (April 11, 2013)

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Product Dimensions: 5.1 x 0.9 x 7.8 inches

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Average Customer Review: 4.6 out of 5 stars 57 customer reviews

Best Sellers Rank: #554,790 in Books (See Top 100 in Books) #275 in [Books > Arts & Photography > Music > Biographies > Pop](#) #808 in [Books > Arts & Photography > Music > Musical Genres > Popular](#) #1396 in [Books > Biographies & Memoirs > Arts & Literature > Television Performers](#)

## Customer Reviews

"Brilliant autobiography" The Sun "Forget Fifty Shades of Grey - this is the sensational page-turner everyone will be talking about" Heat Magazine "Wow - we always had high hopes for Cheryl's autobiography and she hasn't disappointed... In Cheryl: My Story she bravely addresses some of the incredible lows she's experienced, including her upbringing, her marriage breakdown, and how she finally found the strength to move on from all the heartache" Heat Magazine "A startlingly honest autobiography" Now Magazine "Laying bare the explosive details in her new autobiography" Closer Magazine "Set to fly off the shelves and tell a few home truths" Hello Magazine

Cheryl has made the transition from girl group to solo star seem effortless. From the multiple successes of Girls Aloud who sold over a staggering 10 million records, Cheryl went on to record 2009's fastest-selling single and her first solo outing, Fight For This Love. Her first solo album went triple platinum and she received two BRIT nominations. Already on the road to mega-stardom, Cheryl was handpicked as an X Factor judge in 2008, becoming an instant hit with viewers. The final season of the X Factor became the most talked about show in Britain, regularly attracting

audiences of 15 million. In addition to her music credentials, Cheryl is also a leading style icon, gracing the cover of British Vogue twice, as well as the covers of Harper's Bazaar and ELLE UK. In 2011 Cheryl announced the launch of her own charity, The Cheryl Cole Foundation with the Prince's Trust, which aims to work with disadvantaged young people in the North-East of England.

This book starts out with Cheryl growing up on a council house in Newcastle during some very hard times (this must have been during/after the mine closures) and seeing some of her friends die from heroin, her brother go to jail and herself in a couple of toxic relationships. On the bright side she also became an auntie for the first time at the age of 16 and enjoyed dancing and singing. What's sad about the book is that she wished to be famous and a pop star for so long yet it seems like it ultimately made her unhappy. The paparazzi were especially brutal to her, spreading nasty rumors and constantly invading her space even during her most vulnerable times. She took a hike for malaria and ended up catching it herself the next year. She was invited onto US X Factor only to be fired after a few episodes for no good reason at all. She is about to turn 30 a few days after this writing and all signs point in suggesting her retirement. As an American I'll probably never get to meet her or even see her perform, which sucks. I hope her and Tre Holloway settle down and start the big family she's always wanted so she can finally be happy. :)

When reading the book I just could not help but think about how similar Cheryl's family situation was to mine. We both have half siblings, and when reading that part in her book about how her family reacted that one of her siblings was really her half sibling, that just put a smile on my face and just reminded me about how I dealt with the same situation with my two younger sisters when we found out that our older sister is really our half sister. And that bit of news came up at a already horrible time in my family. I didn't know who Cheryl Cole was up until I just happen to stumble upon a UK X-Factor video on YouTube several years ago. What really appealed to me about her is how emotionally intelligent she is and how she connects with her fans. Even for me who instantly jumped on the Soldier wagon here in the U.S. I have found some areas of her past like that I could relate to which she writes about in her book. I normally don't read biographies about current day film stars or musicians, I'm more of a history buff kind of person. So I'm happy to say that Cheryl's book was the first current day musician biography that I've read. I found it to be a joy to read.

My daughter is SO fascinated and captivated by Cheryl Cole's life story; she has a hard time putting it down to even eat her meals. After she gets her homework done, after she has watch all

her "Girls Aloud" DVDs, she will shower and read her new book until she is ready to go sleep. This is one of the rare books she has shown so much interest in reading, which is a huge plus in my opinion; she will even read out loud to me so I can hear what "hits home in her heart" as to what she has come across within the chapters. My prediction is, she will most likely read the entire book again when she is done reading through this first cycle in her new adventure; this book is worth every penny it costed, especially if it can change someone to become so addicted to reading when it was rarely seen previously.

she is very honest and writes in a conversational type manner, like your one of her friends. Cheryl is also very down to earth, more so than I imagined, especially in light of her position, completely grounded, authentic woman. Great read.

So relateable and easy to read. Actually I'm not from the UK and only knew Cheryl through music on the radio which I had no idea came from TV show background. Then I saw her on Piers Morgan show while in Ireland and learnt about her life, was so touched. Loved reading this years later and to found out actually what she's conquered and achieved, completely awesome. Blunt and honest. Good on you for writing this!!

being an American fan of girls aloud and Cheryl i didn't really know much about her personal lifethis book was amazing i couldn't put it down and i was sad when i finished it even my little sister who is not a realbig fan of hers read it and said it was a great bookthis book is really worth a read =D

Reading this book made me feel like I was talking to a great friend or an aunt. Cheryl doesn't spend too much time discussing the fabulous parts of her career. She shares her experiences and feelings of growing up, being different than people's expectations, standing on your own, and rising above tragedy. Whether you're a fan of her work, just want to learn about her, or just want to read a great life story of finding your strength - this book is for you.

This book is really inspiring, got to love this girl. Dreams do come through specially if you work hard on it. If she can do it, we can do it also.

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